

Mi Via — New Mexico's Self-Directed Waiver Program



TIP SHEET

What is a Medicaid Home & Community-Based Waiver?

A Medicaid Home and Community-Based Waiver is an option which allows states to provide long-term services to people, who meet certain medical and financial eligibility criteria, so that they can live in their homes and communities, instead of institutions. Waiver programs are designed to meet the long-term service needs of people with serious conditions, who would otherwise require the level of care provided in one of the following institutional settings: Intermediate Care Facility for Mental Retardation (ICF-MR), Nursing Facility, or Skilled Nursing Facility/ Hospital.

What is the Mi Via Self-Directed Waiver?

This is a Medicaid program that allows Participants to choose to direct their own waiver services and allows greater flexibility for Participants to use non-traditional supports in order to meet needs that are directly related to their health and safety.

The program is administered through a partnership between New Mexico's Human Services Department, Aging and Long-Term Services Department, and Department of Health.

Who is eligible?

Participants enrolled in the Developmental Disabilities, Medically Fragile, CoLTS Home and Community Based Waiver and AIDS Waiver have the choice to direct their own services through Mi Via.

In order to be enrolled in one of these programs, an individual must meet specific medical and financial eligibility requirements, set by Medicaid.

Individuals who have a qualifying Brain Injury, and also meet the medical and financial requirements, have the option to enroll in the CoLTS Home and Community Based Waiver (offering traditional waiver services) or the Mi Via Waiver (offering Self-Directed services).

Please Note:

Due to the State's current budget crisis, the state is only offering waiver services to persons living in a nursing facility, individuals who have a medically fragile condition(s), and persons with AIDS.

For more information,

please visit: www.MiViaNM.org, or call one of the telephone numbers listed in the side bar.

Information about Mi Via Waiver Programs

Mi Via Self-Directed Waiver

505-476-4739
866-451-2901

For information about services for Individuals with Brain Injury, call Brain Injury Assn of New Mexico
888-292-7415
505-292-7414

CoLTS Home and Community Based Waiver

505-476-4738
866-451-2901

AIDS Waiver

505-476-3618
800-283-5548

Medically Fragile Waiver

505-841-2913
800-283-5548

Developmental Disabilities Waiver

505-841-5511
800-283-5548

Aging and Disability Resources Center

800-432-2080
505-476-4846

(Updated 1/28/2010)