

# Coordination of Long-Term Services (CoLTS) Home and Community Based Waiver



## TIP SHEET

### What is the Coordination of Long-Term Services (CoLTS) Home and Community Based Waiver?

This State Medicaid program provides assistance to individuals who require long-term services so that they can continue to live with their family, in their own home, or in a community residence. This program is an alternative to a nursing facility. The CoLTS Home and Community Based Waiver is administered through the Coordination of Long-Term Services (CoLTS) program, utilizing a managed care model. The Managed Care Organization (MCO) Providers are Evercare and AMERIGROUP. Individuals enrolled in the CoLTS Home and Community Based Waiver may choose which MCO they want to work with.

### Who is eligible for the CoLTS Home and Community Based Waiver?

People who are elderly (age 65 or over) or disabled, who meet Medicaid medical and financial criteria, may be eligible to receive these Waiver services.

For medical eligibility, a person must require daily hands-on assistance with at least two activities of daily living and meet the Nursing Facility level of care.

Financial eligibility is based on income and resources of the applicant.

### To Apply

Contact the Aging and Disability Resource Center to be placed on the Central Registry list to await a funding slot. The three types of registration are: regular, community reintegration, and expedited. Ask which type is most appropriate.

### What happens when a funding slot becomes available?

The person will receive a *Letter of Interest* packet by mail. This packet will include a *Primary Freedom of Choice* form, which offers the choice of Home and Community Based Services Waivers, including the CoLTS Home and Community Based Waiver, the Mi Via Home and Community Based Waiver, or institutional care. This form must be completed and returned in order to continue.

Next, an allocation packet is sent. This packet includes the *Long Term Care Assessment Abstract* for medical eligibility and the *Application / Redetermination of Eligibility for Medicaid Assistance (MAD 381)* form for financial eligibility.

Once eligibility has been approved, a *CoLTS MCO Enrollment Letter* will be mailed, offering the applicant their choice of MCO: Evercare or AMERIGROUP.

### A few points to remember:

The number of funding slots is limited, and the wait for services may be a few years. While waiting, there may be other available resources, such as Personal Care Option (PCO) or the GAP program. For more information, contact the Aging and Disability Resource Center or visit:

[www.nmaging.state.nm.us/Elderly Disability Services Division.html](http://www.nmaging.state.nm.us/Elderly%20Disability%20Services%20Division.html).

CoLTS MCOs have contracted with many doctors and health care professionals in NM. Contact Evercare or AMERIGROUP to find out if they have contracted with your physician, or search their websites for provider information. Physicians may call the CoLTS MCOs for information on how to participate in the CoLTS program. If your physician has chosen not to contract with Evercare or AMERIGROUP, you may have to find a new physician, once enrolled.

(Updated 1/28/2010)

### Services Provided:

- Service Coordination
- Adult Day Health
- Assisted Living
- Emergency Response Services
- Environmental Modifications
- Occupational, Physical and Speech Therapy for Adults
- Private Duty Nursing for Adults
- Respite Services
- Community Transition Goods and Services

*For more information:*

### The Aging and Disability Resource Center

800-432-2080  
505-476-4846

### The CoLTS MCOs:

#### Evercare

1-877-236-0826  
evercarehealthplans.com

#### AMERIGROUP

1-800-600-5660  
myamerigroup.com

### Mi Via Information: Consumer Direct Personal Care (CDPC)

1-866-786-4999  
505-884-3116  
www.MiViaNM.org