



If You've Served In a War... *You May Have a Traumatic Brain Injury*

Warfare can expose you to improvised explosive devices, which cause strong air-pressure blasts. You can get a concussion or mild-to-severe traumatic brain injury from these blasts, impacts with blast-energized debris, being physically thrown, receiving burns or inhaling gases from vapors. **Please take a minute to answer the questions below and check all boxes that apply:**

Did you have an injury or injuries during your deployment from any of the following:

- Fragment
- Bullet
- Vehicular (any type of vehicle, including airplane)
- Fall
- Blast (IED, RPG, land mine, grenade, etc.)
- Other, describe: _____

Did any injury you received while you were deployed result in:

- Being dazed, confused or "seeing stars"
- Not remembering the injury
- Losing consciousness (knocked out) for less than a minute
- Losing consciousness for 1-20 minutes
- Losing consciousness for longer than 20 minutes
- Having symptoms of concussion afterward (headache, dizziness, irritability, etc.)
- Head injury
- None of the above

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Are you currently experiencing any of the following problems you think might be related to a possible head injury or concussion?

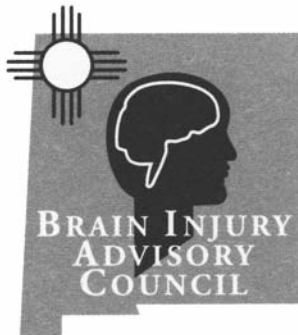
- Headaches
- Ringing in the ears
- Dizziness
- Irritability
- Memory problems
- Sleep problems
- Balance problems
- Other, describe: _____

Screening tool/checklist courtesy of Defense and Veterans Brain Injury Center.

About This Card

This card contains questions and a checklist that provide a screening tool only, **not** a medical diagnosis. *If the screening tool indicates you have the signs and symptoms of a brain injury, we encourage you to conduct a medical professional for medical diagnosis.*

For more information about brain injury, please call
the New Mexico Brain Injury Association
1-888-292-7415.



This product was funded by the New Mexico Brain Injury Advisory Council. Please contact us to provide feedback and/or share any unserved needs concerning you brain injury.

Call 505-476-7328
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